

Promoting Active Transportation: The Health and Climate Benefits

Vancouver's Experience

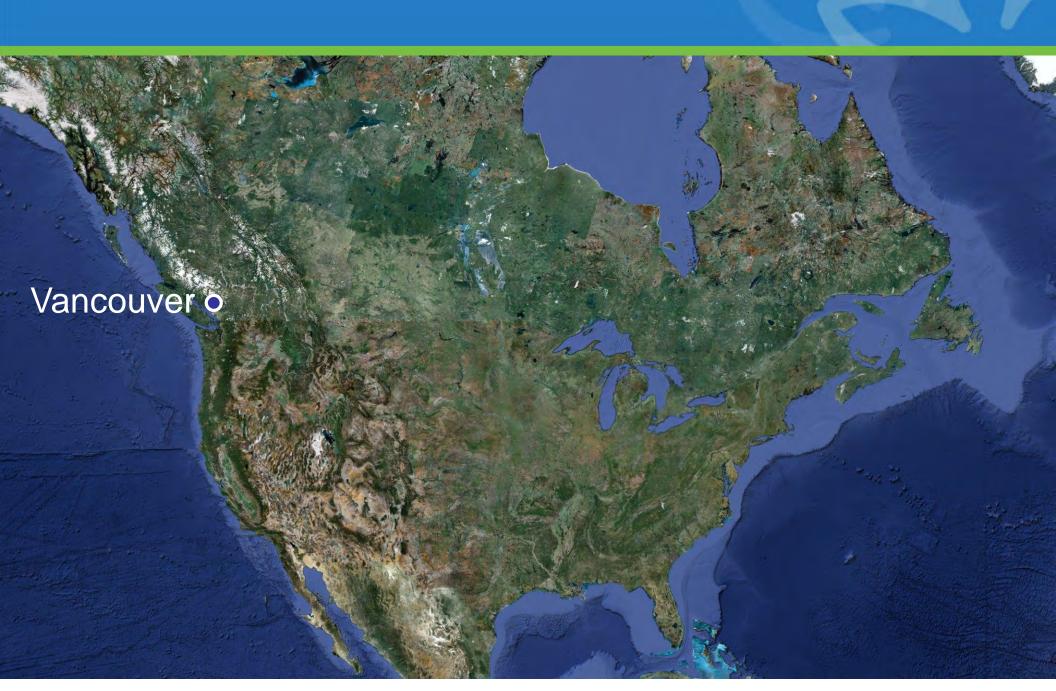


Climate Action Team Public Health Workgroup | October 8, 2014

Geography and Context



Regional Context: Geography



Introduction Regional Groatient: i Geographan couver



Three Pillar Plans for Sustainability





The Three Wheels



Transportation 2040: Goals and Targets







Moving People, Moving Goods

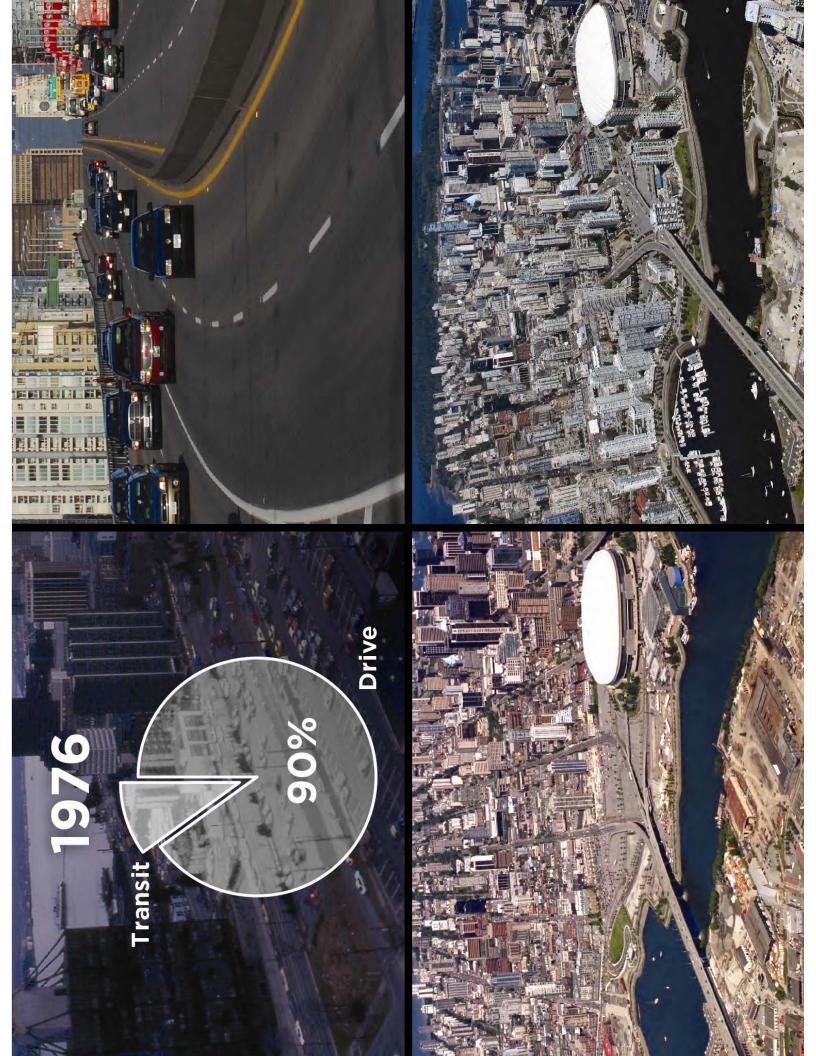
Moving People

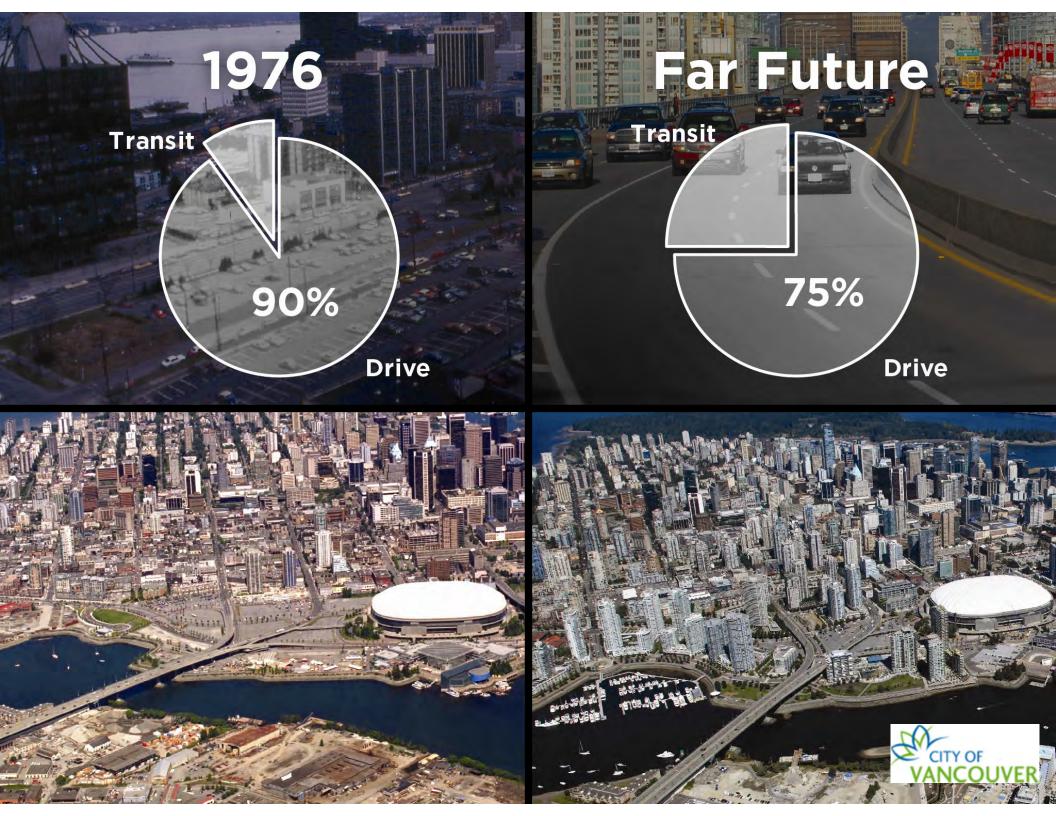
- 1. Walking
- 2. Cycling
- 3. Transit
- 4. Taxi / Commercial / Shared
- 5. Private Automobile

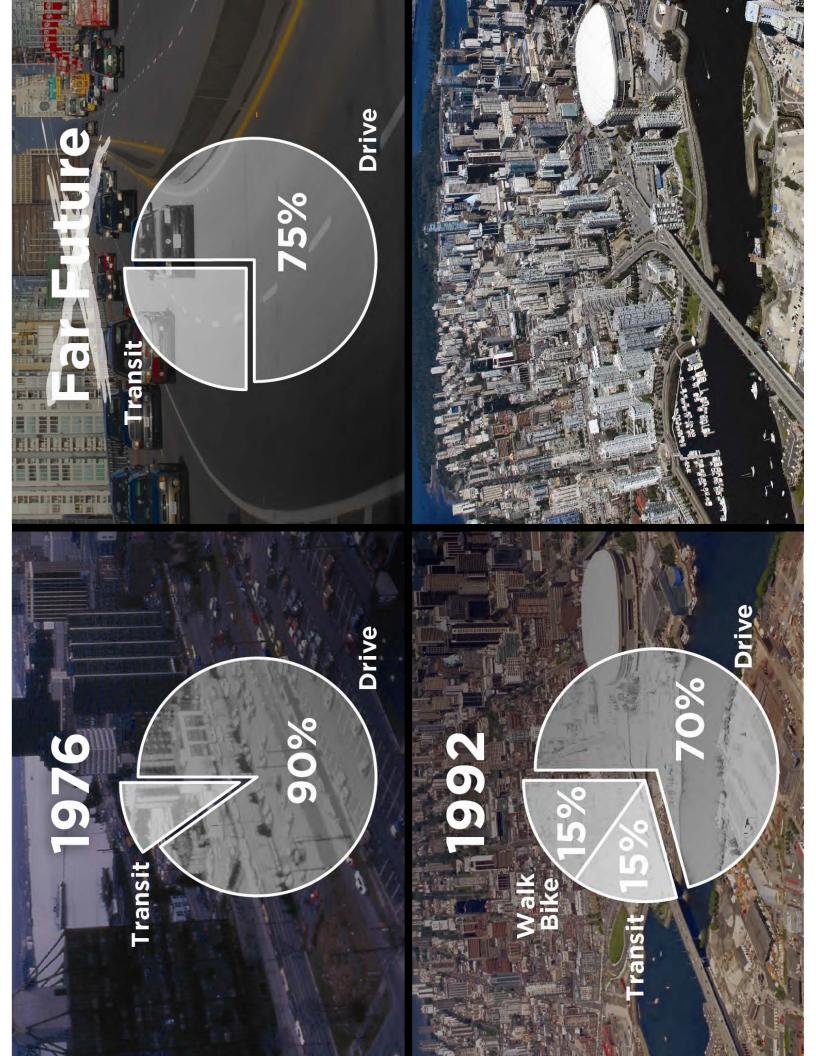
Moving Goods & Delivering Services

- Port / Long Distance
- Local Goods / Services
- Emergency



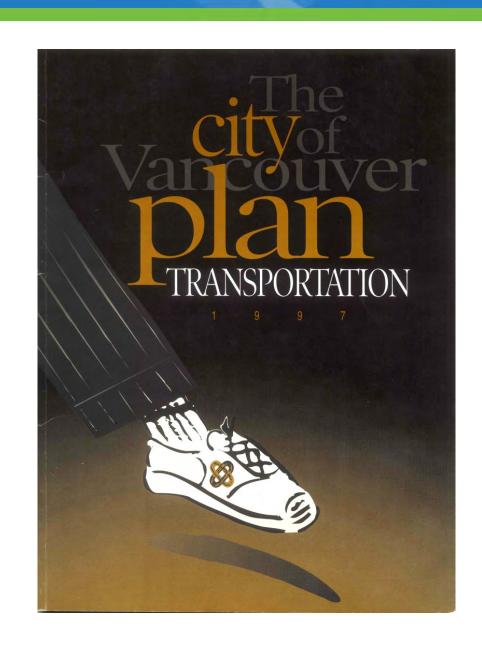


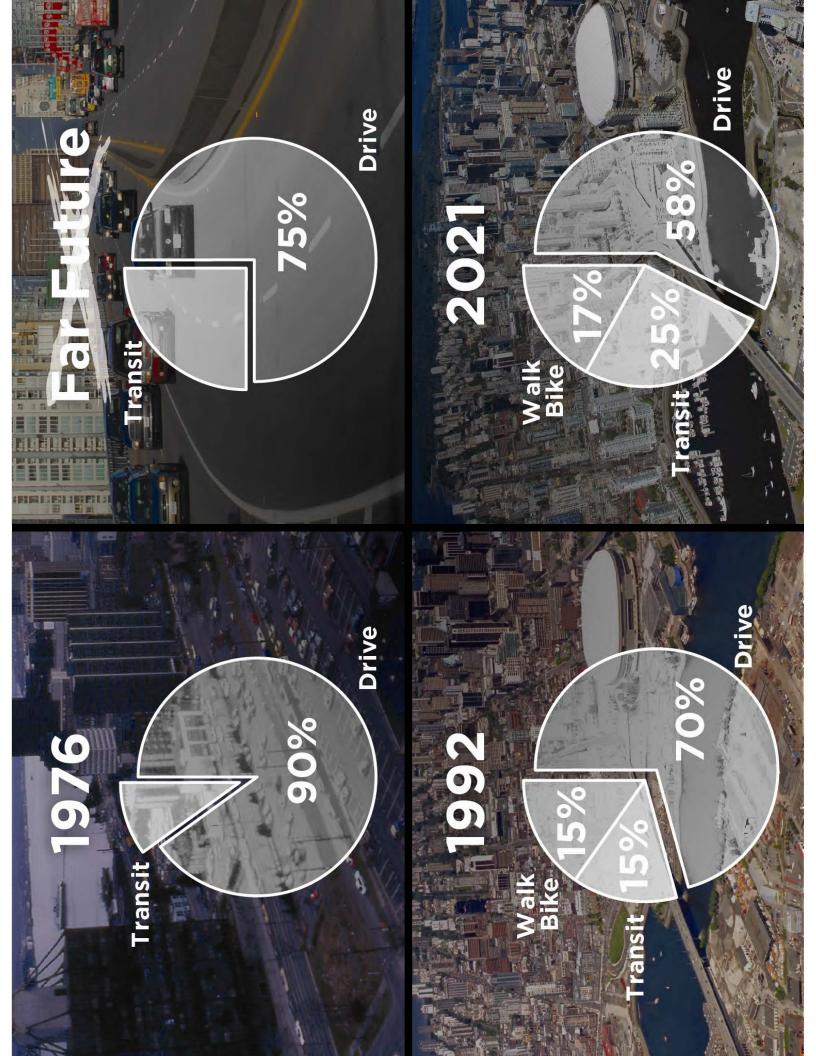


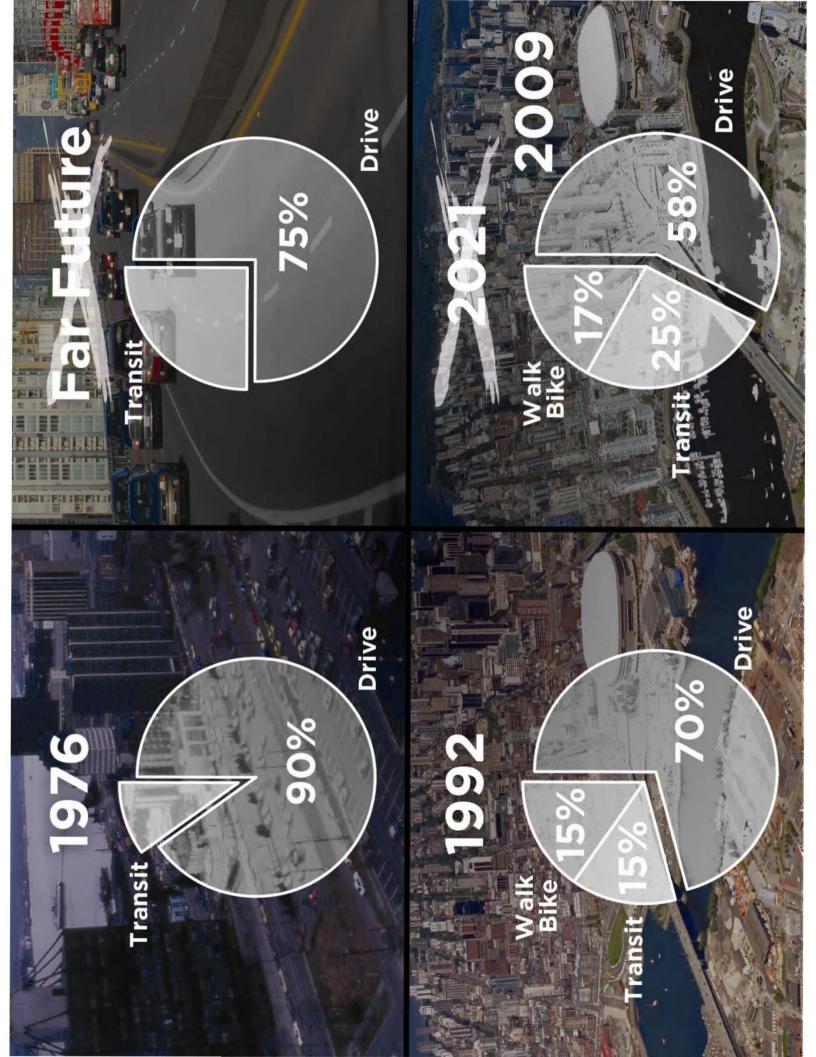


1997 Transportation Plan

- No increase in capacity for cars
- Priorities:
 - 1. Walking
 - 2. Cycling
 - 3. Transit
 - 4. Goods Movement
 - 5. Cars





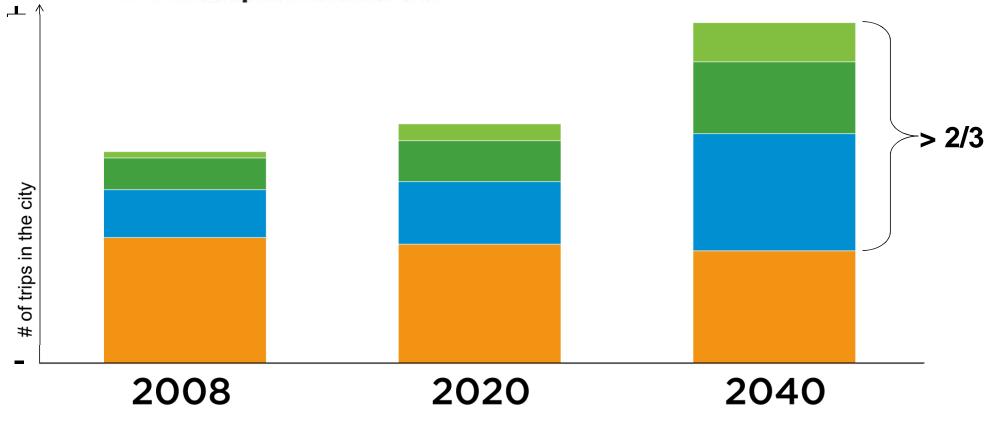


Since 1997 Plan: More Trips, Fewer Cars









40% of all trips on foot, bike, or transit

at least **half** of all trips on foot, bike, or transit

at least two-thirds of all trips on foot, bike, or transit

Motor Vehicle

Transit

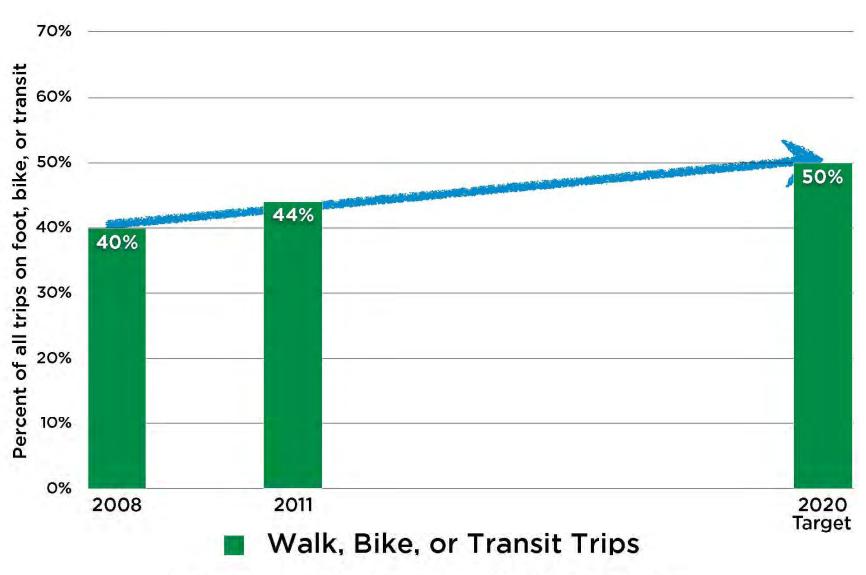


Walk

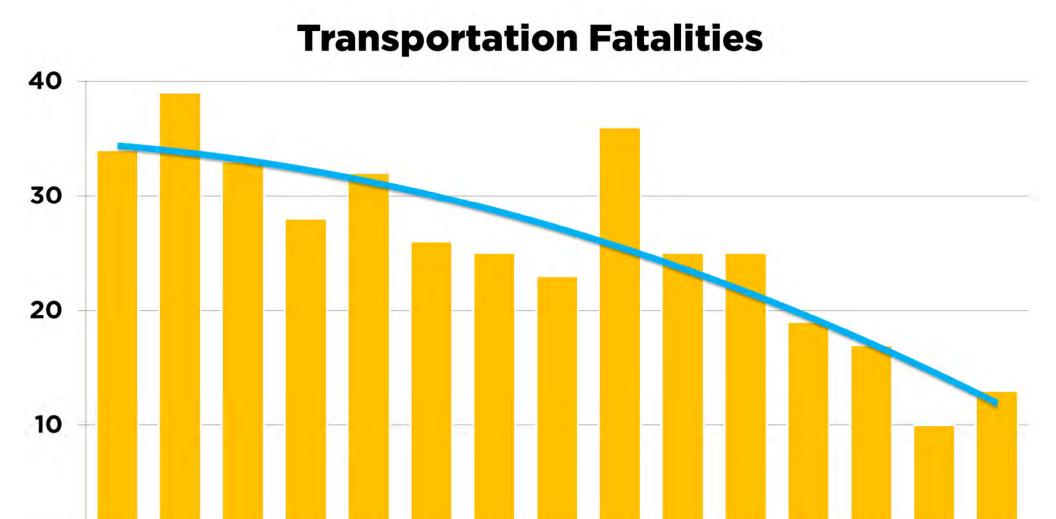


Bike

Moving Towards Our Targets

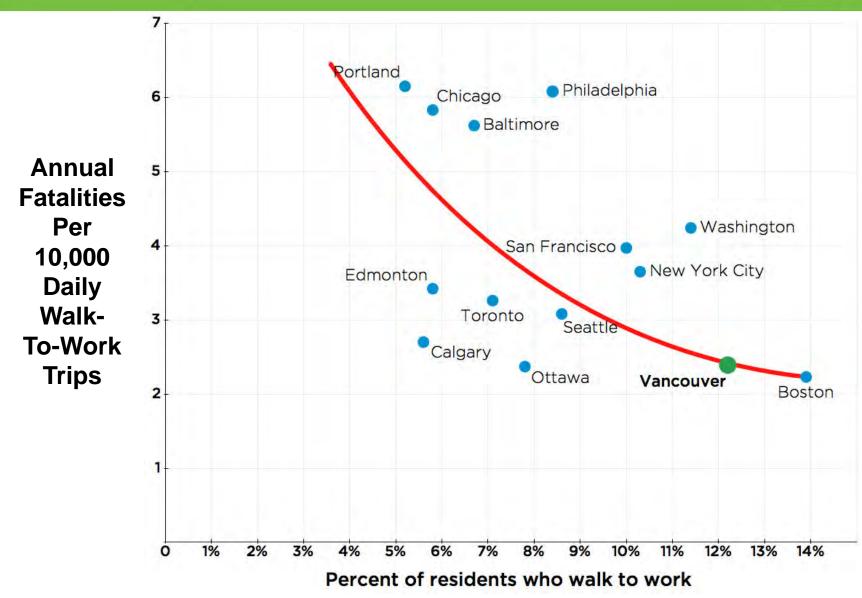


Planning for Safety



Transportation 2040

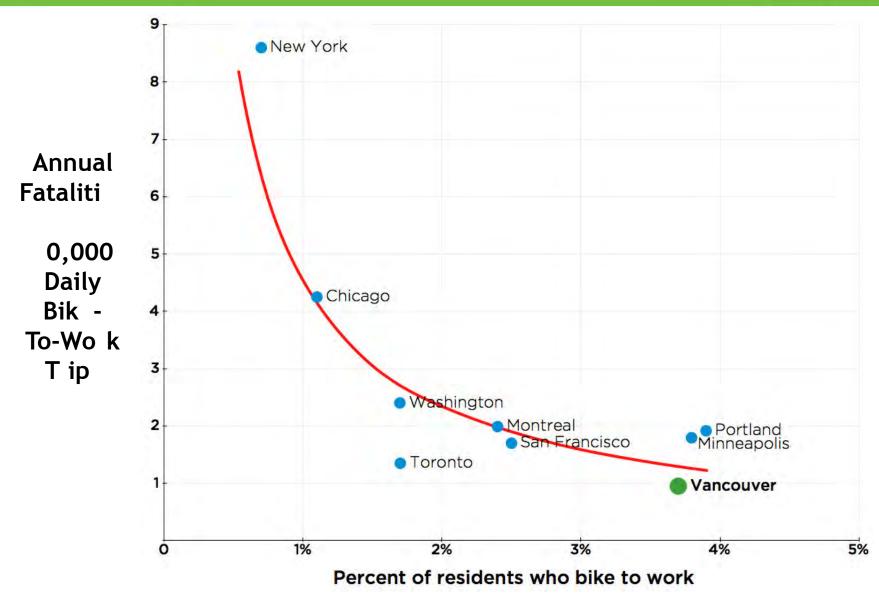
Pedestrian Safety Comparison



Source: Walk to Work Trips, Employed Labour Force & Population Statistics; 2006, 2011 Canada Census (www.statcan.gc.ca); 2010 US Census (www.census.gov)

Transportation 2040

Cycling Safety Comparison



Source: Pucher J., Buehler R, "Analysis of Bicycling Trends and Policies in Large North American Cities: Lessons for New York", University Transportation Research Centre, March 2011

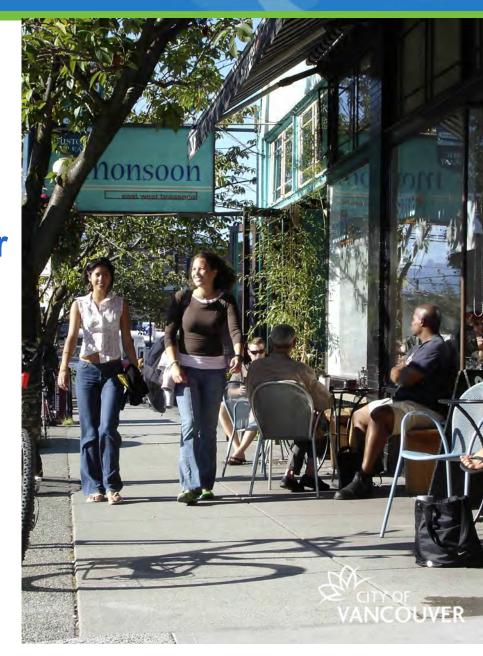
Land Use

Support shorter trips & sustainable transportation choices



Land Use Directions

- Locate major activity
 generators near high capacity
 transit
- Support higher densities near transit stations while recognizing local context
- Build complete communities
- Design buildings to contribute to public realm





Walking

Make walking safe, convenient, comfortable & delightful.

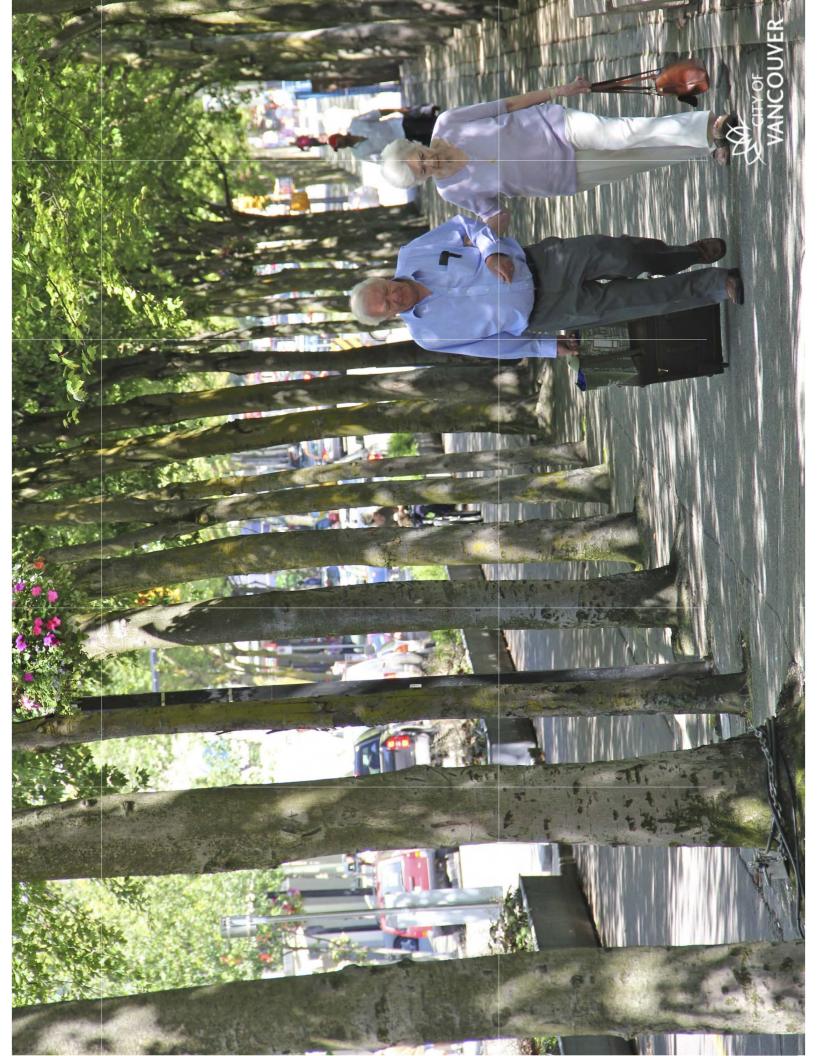
Support a vibrant public life.



Walking & Public Space Directions

- Create vibrant & interesting streets & public spaces
- Address gaps in the pedestrian network
- Improve street safety,
 comfort, & accessibility
- Promote walking culture





Cycling

Make cycling safe,
convenient, comfortable
& fun for people of
all ages and abilities

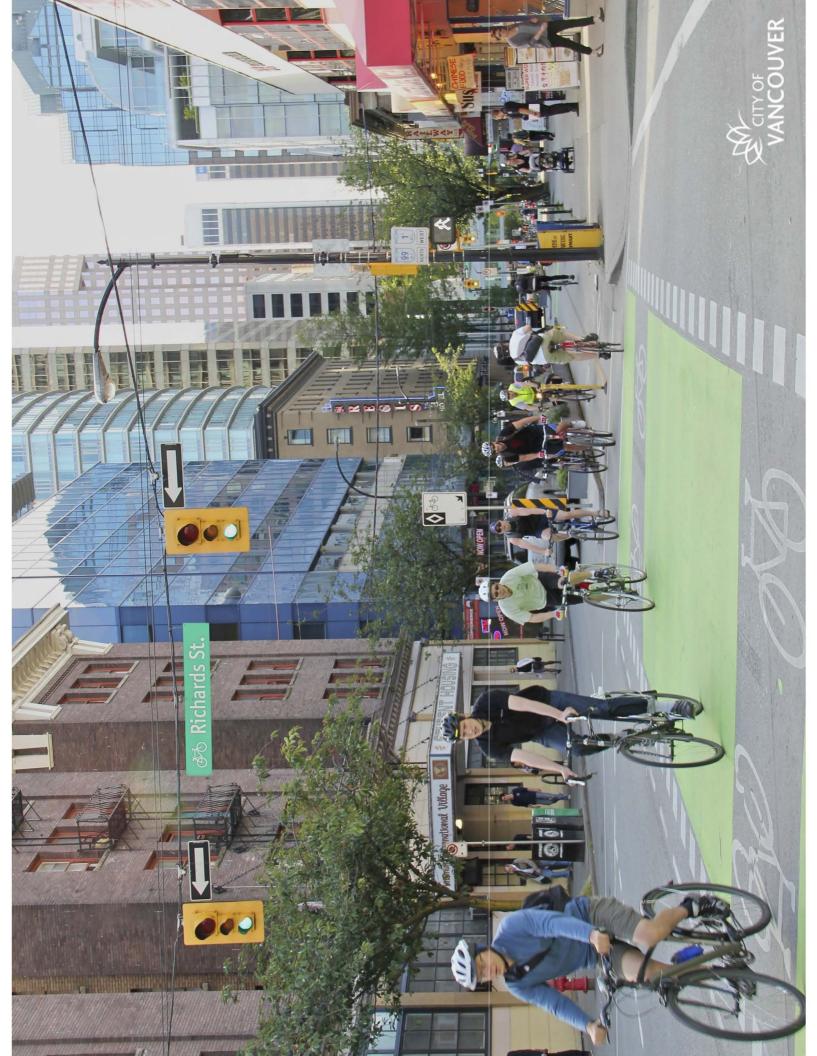


Cycling Directions

- Build routes that are safe,
 comfortable & convenient
- Provide secure & abundant parking
- Improve integration with transit
- Promote cycling as an everyday option
- Focus on education & safety







Encourage sustainable transportation choices

Educate to promote safe & respectful behaviour

Enforce and support legislation that targets dangerous behaviour

Ongoing Initiatives



Public Spaces Within Street Rights-of-Way









VIVA Vancouver Activations

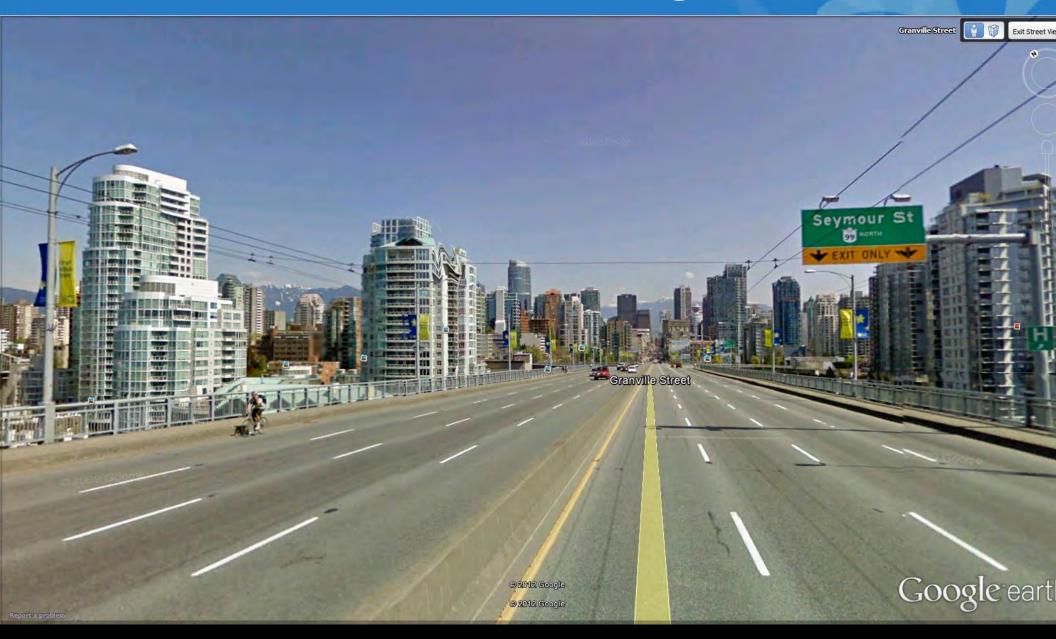








False Creek Bridges



False Creek Bridges

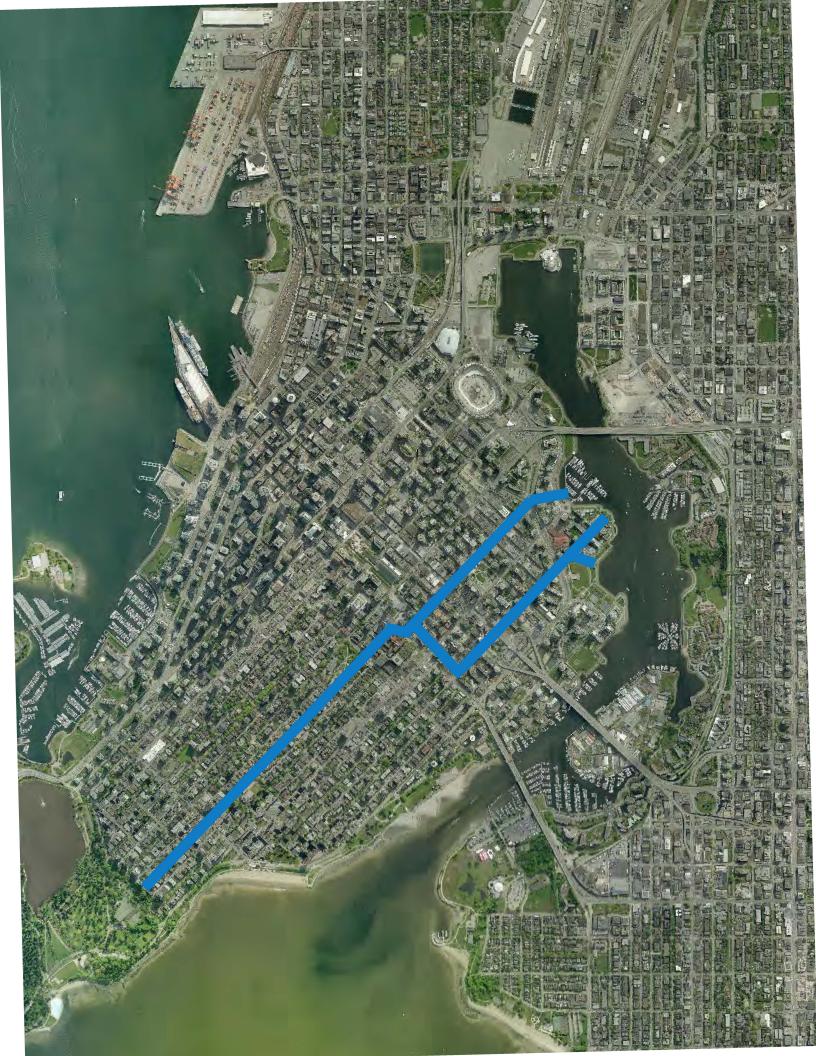


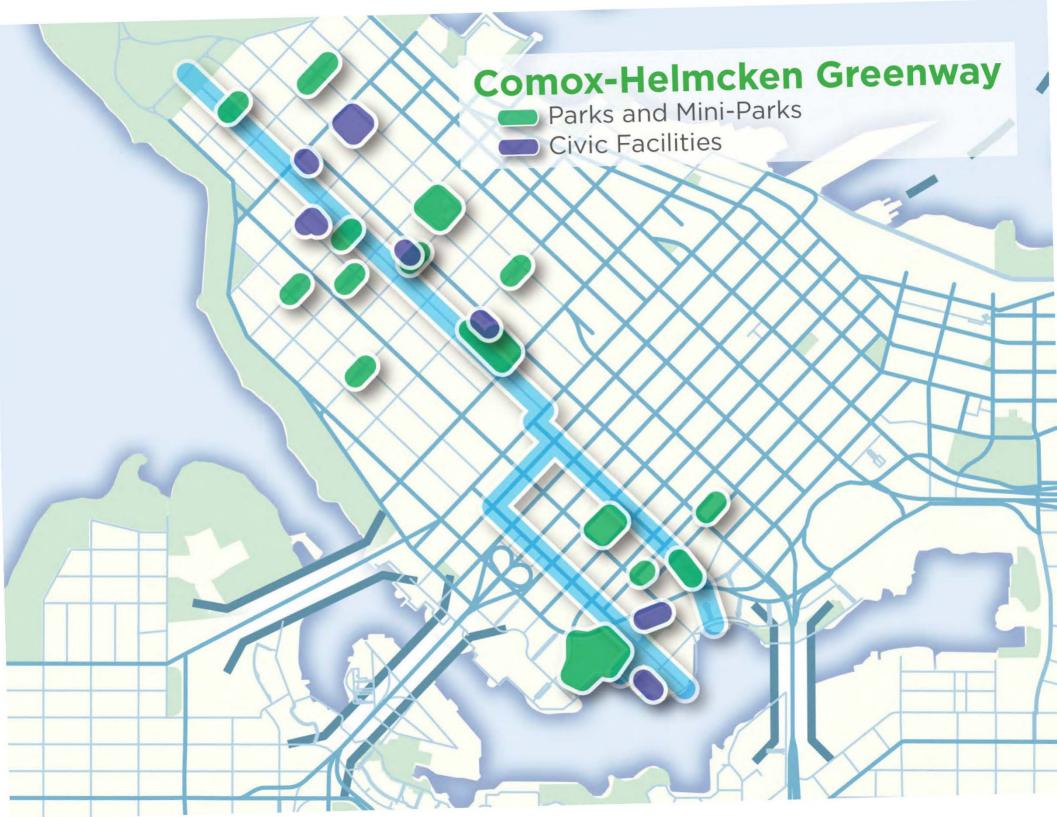
Comox-Helmcken Greenway

- All ages and abilities walking and cycling corridor
- Connects schools, parks, community centres, shopping, neighbourhoods, and more









Health, Travel, and Activity Study

Working with UBC on a before/after study of:

- Trip patterns and mode
- Social interactions
- Perceptions of safety
- Frequency of activities
- Physical activity





Health, Travel, and Activity Study: Seniors

Collaborating with Centre for Hip Health and Mobility on a before/after study of:

- Older adult mobility
- Social interactions
- Street usage
- Travel patterns



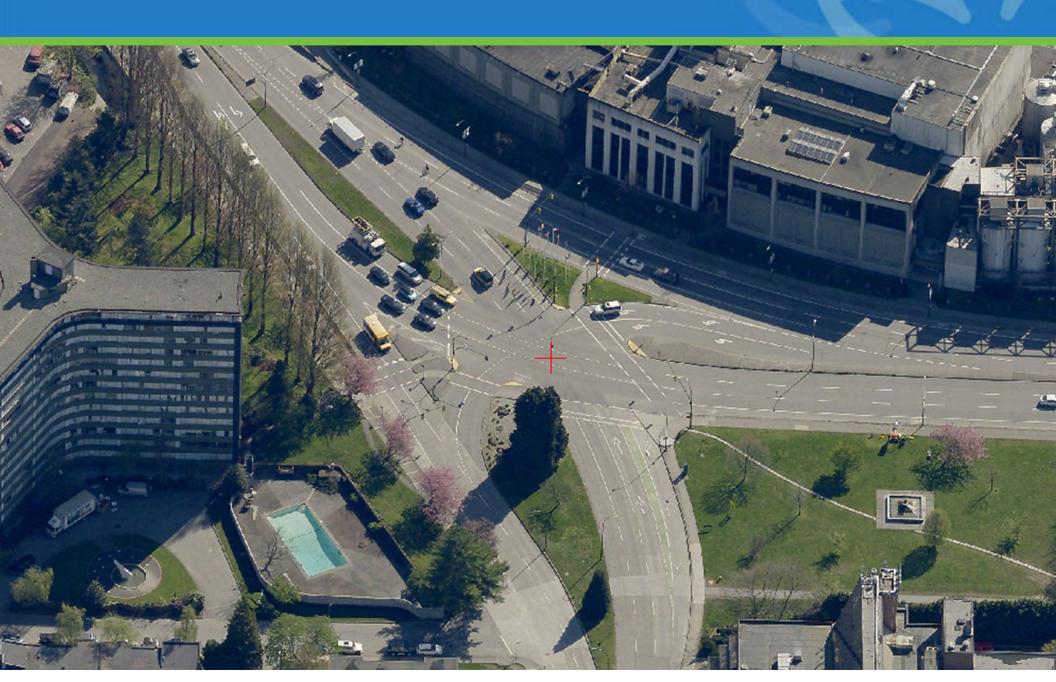
Health, Travel, and Activity Study: Children

Working with UBC on a before/after study of:

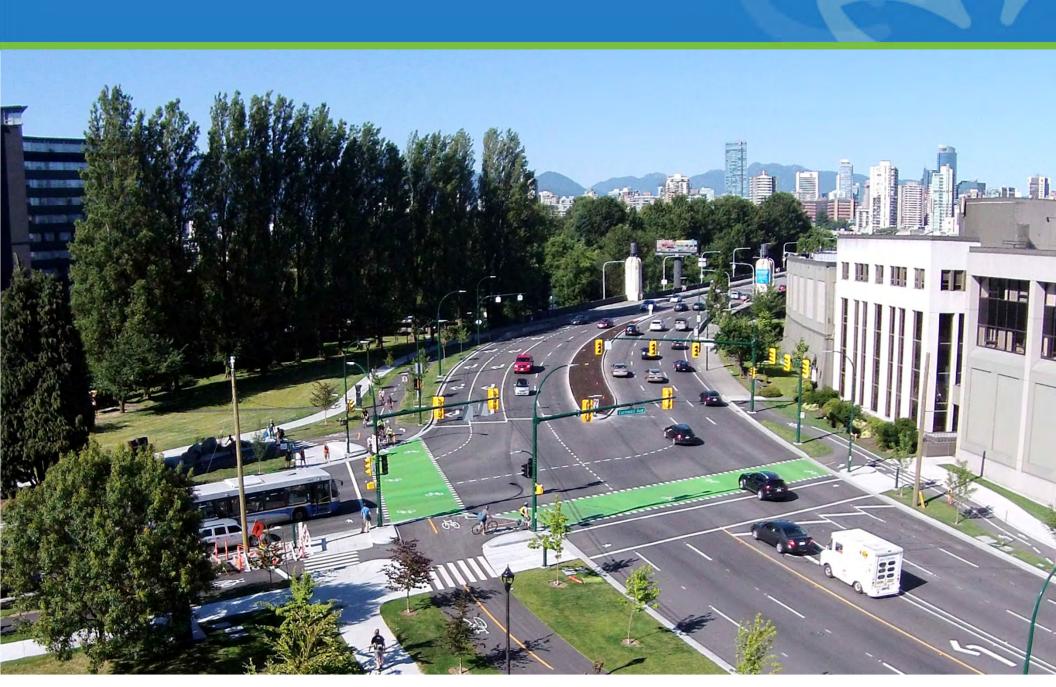
- Grade school student travel patterns (to school, etc)
- Measured physical activity via accelerometers
- Control group of students



Burrard & Cornwall Intersection



Burrard & Cornwall Intersection



Partners in Transportation and Health



Work With our Health Partners



An initiative of:







Healthier lives through discovery











Work With our Transportation Partners













